

MENTAL HEALTH RESOURCES IN WASHINGTON, DC



This fact sheet provides an overview of District government and nonprofit resources for mental health and support group resources community in Washington, DC.

District of Columbia Department of Mental Health

The Department of Mental Health provides comprehensive mental health services to adults, children, youth, and their families. The agency also evaluates and treats individuals referred through the criminal justice system.

Telephone: 202/673-7440 | Web: www.dmh.dc.gov

24-Hour Access Helpline: 888/793-4357 | Para Español: 888/793-4357

Whitman-Walker Clinic

Established in 1973, Whitman-Walker Clinic is a non-profit, community-based provider of health care and social services in the Washington, D.C., metropolitan area. Through three sites, in the District of Columbia and Northern Virginia, the Clinic offers primary medical and dental care; mental health and addictions counseling and treatment; HIV education, prevention, and testing; legal services; case management; and a food bank. Whitman-Walker Clinic is committed to meeting the life needs of the gay, lesbian, bisexual, and transgender community and people living with HIV/AIDS.

Phone: 202/797-3500 | Web: www.wwc.org

Transgender Health Empowerment Inc. – T.H.E.

Transgender Health Empowerment is the only agency in the District that exclusively works with the transgendered population. Services include transitional housing, HIV/AIDS testing, support groups, individual counseling, transgender sensitivity workshops, and a drop in center, which operates from 6pm -10pm M-F and offers showers, laundry facilities, a clothing bank, snacks, and referral services.

Phone: 202/636-1646 | Web: www.theincdc.org

Sexual Minority Youth Assistance League - SMYAL

The Sexual Minority Youth Assistance League (SMYAL) is the only Washington, DC metro area service organization solely dedicated to supporting lesbian, gay, bisexual, transgender, and questioning youth. SMYAL's mission is to promote and support self-confident, healthy, productive lives for LGBTQ youth as they journey from adolescence into adulthood.

Phone: 202/546-5940 | Web: www.smyal.org

Andromeda Transcultural Health

Andromeda Transcultural Health is a non-profit health service for minorities that accepts DC Medicaid and some private insurance companies offering sliding scale fees for uninsured patients. Free services for HIV/AIDS and substance abuse for DC residents, mental and general medicine, diagnostics, treatment and counseling for ages 5-18; family counseling; confidential and free HIV testing.

Phone: 202/291-4707 | Web: www.andromedahealthcenter.org

Us Helping Us, People Into Living, Inc.

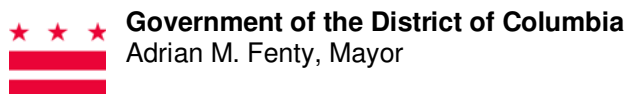
Us Helping Us, People Into Living, Inc., is a community-based HIV/AIDS service organization committed to reducing HIV infection in the African-American community.

Phone: 202/446-1100 | Web: www.uhupil.org

La Clinica Del Pueblo

La Clínica Del Pueblo provides free, culturally appropriate health services in the Latino community.

Phone: 202/462-4788 | Web: www.lcdp.org



This document was produced by the Mayor's Office of Gay, Lesbian, Bisexual and Transgender Affairs
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